

## **Appendix B**

### **Adult Community Mental Health Services**

Email from the Office of the Member of the Senedd for Bridgend, received on 28 September 2023:

Further to the below, Sarah and I are pleased to be able to recommend the following two groups/organisations:

#### **Lads and Dads**

Contact Rob Lester [roblester@moraltrainingdevelopment.com](mailto:roblester@moraltrainingdevelopment.com)

#### **Ty Ellis Counselling Services**

Contact Val Davies [val.davies@tyelis.org.uk](mailto:val.davies@tyelis.org.uk)

I have spoken to both contacts who are happy for you to make contact with them.