School Based Activity Whole School Approach funding via LEAG

How the Local Authority utilised the School Based Activity (interventions/training) funding allocation for the **financial year April 2023-March 2024**.

Evaluation included.

Local Authority	Bridgend County Borough Council

Identified Need:

Leadership and commitment

This is a specific indicator from the whole school approach self-evaluation tool.

Our school has a range of policies based on best practice to create a positive ethos and culture which is supportive of emotional and mental well-being.

Discussions highlight transition for learners moving from primary to secondary would benefit from consistency of practice from one school to another.

Explanation of how the need was identified:

Using the data from the Whole School Approach to Emotional and Mental Well-being Self-Evaluation Tool (WSA SET), the priorities from Bridgend schools who are currently engaged have been identified.

The priority that was indicated by the majority of schools involved was 'Leadership and Commitment', particularly around sharing of good practice and increased levels of communication and consistency.

Action to address the need: (e.g. the intervention or training)	Estimated cost	Benefits / Results
Maesteg Comprehensive cluster of schools are developing a cluster-based model for the completion of the WSA SET, how to use the data to support priorities across the wider community and evaluate the impact of those actions. This process will be shared with other clusters to share good practice to promote	£260 per day per delegate (8 members of the steering group) £2080 per day x 8 days	Cluster-based model to be rolled out. Strengthening of relationships between cluster schools Sharing of best practice to create a

the positive ethos and culture supporting	Total cost	positive ethos and
emotional and mental wellbeing.	£16,640	culture which is
Time required:		supportive of emotional and
2 days per person for development of model.		mental well-being across the local
		authority.
2 days per person for individual work on the model		Clear, consistent
2 days per person for evaluation of model		messages
and the creation of case study.		Improved
2 days per person for delivery of 'sharing		communication between cluster
good practice' sessions.		schools, which will
		improve transition
		for learners.

Evaluation

This process was shared with other clusters to share good practice to promote the positive ethos and culture supporting emotional and mental wellbeing at both a regional and national level.

The cluster also consulted on the new minimum standards for the Welsh Network of Health and Well-being Promoting School Scheme. This ensure that the school voice was heard in the development of the new documentation.

The impact of this work is seen across CTM, as practitioners are now working with their clusters, which is providing supportive networks across the region. The work has also been recognised by other health board areas and are looking to use the same methods.

This piece of work has exceeded the outcomes listed above.

Identified Need:

Workforce

This is a specific indicator from the whole school approach self-evaluation tool.

Our school has a network of support in place for staff who are experiencing emotional and mental well-being problems to enable them to access appropriate help and support.

Our school can demonstrate how it supports staff in maintaining and improving their emotional and mental well-being.

Understanding the emotional and mental well-being needs of learners and staff.

Our school understands the emotional and mental well-being needs of the learners and staff in the school and how these have changed over time

Explanation of how the need was identified:

Using the data from the Whole School Approach to Emotional and Mental Well-being Self-Evaluation Tool (WSA SET), the priorities from Bridgend schools currently engaged have been identified.

The second priority that has been identified is 'Workforce', particularly supporting employees to improve their workplace wellbeing, and support others who may be experiencing an emotional / mental well-being difficulties.

Action to address the need: (e.g. the intervention or training)	Estimated cost	Benefits / Results
Deliver I-act training to 2 members of staff, not senior leaders, per school to create a supportive network within the school to encourage positive emotional and mental well-being, including how we can all improve our wellbeing to help build resilience. It will be offered to all schools in Bridgend. Increase an understanding of emotional and mental wellbeing and how to support those facing difficulties. For 120 school staff members to be trained will require 9 days of training. There will be six places available for local authority officers on the employee training.	9 days @ £1359 = £12,231 Venue hire for 9 days @ £500 = £4500 Total cost £16,731	Reduction in staff absence due to emotional and mental well-being needs leading to: Strengthening positive relationships with learners. Consistency for learners. Increased learner engagement due to more focussed staff. More positive relationships with the whole school community. Building a positive school culture and ethos. Increased performance from staff which will impact positively on learners.

Evaluation

All sessions were delivered and very well received by all that attended. From discussions with schools, most have begun the process of setting up well-being groups within school to support their peers with their general well-being and offer signposting to services if more support is required.

Staff that attended the training feel more equipped to have sensitive conversations and feel that relationships within school would be strengthened as a result of the training.

This process was not a quick fix and we will be looking to assess impact this time next year once the schools have had time to implement and embed some of the training principles.

Identified Need:

Involvement and engagement

This is a specific indicator from the whole school approach self-evaluation tool.

The school can evidence a range of partnerships with public and third sector agencies with expertise in emotional and mental well-being and how their expertise is informing action.

Understanding the emotional and mental well-being needs of learners and staff – our school understands emotional and mental well-being issues within the school.

Our school understands the emotional and mental well-being needs of the learners and staff in the school and how these have changed over time

Explanation of how the need was identified:

Using the data from the Whole School Approach to Emotional and Mental Well-being Self-Evaluation Tool (WSA SET), the priorities from Bridgend schools currently engaged have been identified.

The third priority that has been identified is 'Involvement and Engagement', particularly supporting senior leaders to support the wider school community in understanding the emotional and mental well-being needs and where to signpost for additional support.

Action to address the need: (e.g. the intervention or training)	Estimated cost	Benefits / Results
Deliver I-act training to 2 members of the senior leadership team, per school to	9 days @ £1359 = £12,231	As above with the additional benefits:
support managers to improve workplace	,,	

well-being for the benefits of the whole school community.	Venue hire for 9 days @ £500 = £4500	Increase in family engagement. Strengthening
In addition, the training will enable trained practitioners to have access to evidence-based manual, which includes practical	Total cost £16,731	relationships between the wider community and the school
tools and signpost to additional agencies/ organisations.		Increased knowledge and skills of senior leaders to support
For 120 school staff members to be trained will require 9 days of training.		with emotional and mental well-being.
There are six places available for local authority managers.		Practical ideas / list of services to signpost should they be required.

Evaluation

All sessions were delivered and very well received by all that attended. From discussions with schools, most have begun the process of setting up well-being groups within school to support their peers with their general well-being and offer signposting to services if more support is required.

Senior staff that attended the training feel more equipped to have sensitive conversations and feel that the practical elements of the training were the most useful. It also gave new leaders an increased knowledge of how to support members of staff that report having difficulties, as well as ideas to improve general morale within the school.

This process was not a quick fix and we will be looking to assess impact this time next year once the schools have had time to implement and embed some of the training principles.

Completed by	
	Michelle Hatcher (Group Manager Learner
	Support)
Date	
	26 July 2023
Evaluation Completed by	Joanne Bendon (Whole School Approach to
	Health and Well-being Lead in CTM UHB)
Date	11 th April 2024